

# Universal LifeLite



## Illuminate Yours

*Renee Randall – Energy Medicine and Feng Shui Practitioner*

### Healings

The healings are performed to detect a persons energetic variances in their body and to help balance their energy flow to a healthy level. I work to detect and balance energetic blocks, deficiencies, stagnation and erratic flow.

Personality types, belief systems, daily life stresses, being in a period or transition, living out of synch with our spiritual beliefs and who we really are (our core essences) can impact our energy flow and cause dis-ease in our systems.

These healings may be performed individually or in conjunction with others depending on the clients needs.

1. Full Body Energy Balance: This healing is used when a person wants a general healing for relaxation to relieve stress, anxiety, fear or depression.
2. Cancer Healing Support: This healing is to support a cancer patient in the process of healing from this disease as well as to help with treatment side effects.
3. Synchronizing Brain Function: This is a ‘brain balance’ used when a person is caught in a chaotic and/or anxious thought patterns, if they have headaches, migraines, or they feel spacey.
4. Hormonal Balance: This healing is used when a person is having fertility, menstrual or menopausal difficulties.
5. Spinal Cleanse and Strengthening: This healing is used on clients that present with chronic or acute back, neck and shoulder pain or discomfort.
6. Core Remembrance: This technique is used when a client needs help seeing they are so much more than just their bodies or their lives. They are not their disease, or their current or past situation(s) (divorce, unemployed, etc.)
7. Seven Levels of the Field: This healing is used when advanced integration of the chakras is required to connect the physical and spiritual levels through the heart.
8. Past Lives: This technique is used on clients when their presenting issues can not be connected to their current life so a past life issue may be adversely impacting them.
9. Rebuilding the Chakras: A chakra rebuild is used when there has been major damage done to a chakra through physical/emotional/spiritual or energetic trauma.
10. Sinking of the Hands: This technique can be used on a specific body part or organ that the client has an issue with. (i.e. kidney, knee, etc.)
11. Pre and Post Surgical: These are used on clients to help prepare them or recover from surgery.
12. Bone Reconstruction: This technique is used on clients that have had a broken bone as a result of an accident or injury.
13. Hara Line Strengthening: This healing helps individual’s move back toward living their lives from their level of intent instead of their personality level (our masks) and defensive structures (based on our belief system).
14. Liver Detoxification and Digestive System Support: This healing is used to help clients with liver disorders, gallbladder or digestive disorders. These can be a result of substance abuse or clinical treatment such as chemotherapy. This can also be used if a client presents with a digestive parasite.