9 CYCLES OF CHANGE By Renee Randall

Which cycle do you occupy this year?

Did you ever hear someone say 'It's crazy out there tonight, it must be a full moon', or hear that there are more babies born when there is a full moon or the emergency room is much busier on nights when there is a full moon, while other nights are a little less crazy or to the other extreme, very calm and quite?

As the moon cycles through phases during the month while it orbits around the Earth, and the Earth cycles through phases (seasons) during the year as it orbits around the Sun, it brings with it different energy through each cycle.

The Full Moon lunar phase occurs when the Moon is on the opposite side of the Earth from the Sun so the Moon is in opposition with the Sun, while the New Moon lunar phase occurs when the Moon lies between the Earth and the Sun.

When the Moon is Full, the sky is extremely bright brining a very powerful yang energy with it (which can explain the comments made in relation to a Full Moon), while the New Moon sky is very dark brining a quite yin energy. During Summer, when your location on the Earth is closest to the Sun, the energy is warm, bright, vibrant and active while during the winter, your location on the Earth is further away from the Sun creating a cold, dark, quite, hibernation like energy.

Think about when you want to set a certain 'mood' in a room to change the atmosphere. For a fun party mode, you may make things bright, and put on some loud fun music, to energize the atmosphere and in turn, the party goers. To set a 'romantic' mood, you would be more likely to have a darker candlelight room with soft music to create a relaxed and intimate atmosphere for the couple.

Just as the atmosphere of the room environment you are in impacts your energy, the energy of the stars and the cycle it is in at the time of your birth impacts the energy of your overall personality, your character and the energy of your year.

Did you ever wonder why you act a certain way under pressure or why you seem to play a certain role in your family (say you are the youngest child, but everyone seeks your advice and leadership as if you are the eldest). Did you ever notice how some years are super crazy and busy for you while others seem to move at a much slower pace?

"Look towards the Heavens for Guidance and Inspiration" 9 Star Ki Astrology Readings

9 Star Ki Astrology is based on the energy (Ki) of the stars and the 9 year cycles of change.

To help you gain a deeper insight into 'who' you are (your personality, energy and character) and 'where' (your personal energy for the particular year), <u>I am offering a special price for a 9 Star Ki Astrology Reading for the month of March.</u>

<u>Visit this link to read more and to order now!</u> http://www.universallifelite.com/9-Star-Ki-Astrology-Reading.html

Understanding which of the 9 cycles you occupy in a particular year can help you relax and enjoy the ride.

Visit me at www.universallifelite.com for more information about how you can empower yourself and balance your energy to a healthier flow!